

# QUOTE / INVOICE

**Coach:** [Your Name/Business]

[Address/Email/Phone]

**Date:** \_\_\_\_\_

**No: #** \_\_\_\_\_

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**CLIENT:**

[Client Name]

[Client Address]

[Client Email]

**VALID UNTIL:**

\_\_\_\_\_

Service Description	Qty/Duration	Rate	Amount
Personal Training Sessions			
Customized Nutrition Plan			
Weekly Consultation/Check-in			

Subtotal: \$ \_\_\_\_\_

Tax: \$ \_\_\_\_\_

**TOTAL: \$ \_\_\_\_\_**

**Payment Terms:** [Net 15 / Due on Receipt / Deposit Required]

**Notes:** Please note that this quote is subject to the terms of the coaching agreement. Results depend on client consistency and adherence to the program.