

# BODY TRANSFORMATION ESTIMATE

ESTIMATE DATE

ESTIMATE #

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CLIENT INFORMATION

PACKAGE DURATION / GOAL

COACH/CONSULTANT

SERVICE DESCRIPTION	QTY/WEEKS	TOTAL COST
Personal Training Sessions		
Nutritional Programming & Meal Planning		
Biometric Assessments & Progress Tracking		
Supplement Consultation & Protocol		
App Access & Messaging Support		
Subtotal \$ _____		
Package Discount (\$ _____)		
Estimated Total \$ _____		

This estimate is valid for 30 days. Payment plans available upon request.

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CLIENT SIGNATURE OF ACCEPTANCE